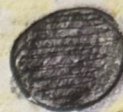
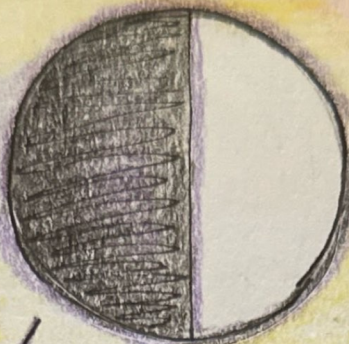


Let

Go



THURS

Third quarter

2/19/25

Time to let go. Release the negative energy and bad habits that bind you, and cause you harm. Give back to the universe from a place of abundance. Write each worry & immediately three things you can do to alleviate the stress.

My worry

ways to feel better

closure

transition

release